

HEALTH HERO

ESTAR SANOS FREE VACCINE CLINIC

SEPTEMBER 25, 4-7 PM

EL PUENTE HISPANIC COMMUNITY CENTER, 849 N.
JEFFERSON AVENUE, COOKEVILLE TN, USA

From the Whitson-Hester School of Nursing
at TN Tech, El Puente Hispanic Community
Center, and Health Hero



VACCINATIONS:



COVID - 19

This vaccine is used to develop immunity in our body against COVID-19 to lessen the severity of the disease if contracted. It is recommended for everyone 6 months and older.



FLU

This vaccine is used to prevent contracting the flu virus and reduce the serious side effects such as fever, chills, and sore throat if contracted.



TDAP (TETANUS, DIPHTHERIA, ACCELLULAR PERTUSSIS)

This vaccine protects against tetanus, diphtheria, and pertussis (whooping cough).



RSV (RESPIRATORY SYNCYTIAL VIRUS)

This vaccine can prevent respiratory complications that are caused by RSV, such as sore throat, wheezing, or even shortness of breath.

IMPORTANCE OF VACCINATIONS:

- Vaccines protect you and your community from serious diseases that can have life-threatening symptoms.
- Vaccines help strengthen your immune system. This develops the ability to fight infection faster and reduce the chances of serious side effects.
- Vaccines save lives through reduction of disease, disability, and death, protecting yourself and others.

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